

Reconstituting Your Volunteer ▶ Program Update

Mary Lynn Perry, Education Committee Chair

DOVIA Sacramento

July 9, 2020

Mary Lynn Perry has an extensive background managing volunteers and student interns. For more than 17 years she served as the Volunteer Engagement Specialist for the City of Sacramento, California. Under her direction the City's volunteer service hours grew from 199,000 to over 449,000 with a value over \$10 million dollars annually. She has also served as the volunteer coordinator for the National Museum of African Art, as an Education Specialist with the Smithsonian Institution coordinating student interns throughout the 12 museums, as the Executive Director of Business Volunteers for the Arts in Sacramento where she managed pro bono consultant projects with business volunteers for arts organizations and as the Volunteer Services Manager for Shriners Hospitals for Children. In addition, she has served as part-time faculty for California State University, Sacramento and Sierra College. Mary Lynn holds a B.A. from the University of Maryland and an M.A. from George Washington University in Washington, D.C. She serves on the Board for DOVIA Sacramento, (Directors of Volunteers in Agencies), as Vice President for the Sacramento Region Voluntary Organizations Active in Disaster (VOAD), and on the board of the National Association of Volunteer Programs in Local Government (NAVPLG). In addition to her speaking engagements and board service she is currently a contributor to the VolunteerWiki.org.uk hosted by Volunteer Edinburgh, Scotland, United Kingdom.

Contact info:

Mary Lynn Perry

Email: marylynn@volunteerguru.net

LinkedIn: <https://www.linkedin.com/in/marylperry/>

Review

Reconstituting Volunteer Program Road Map

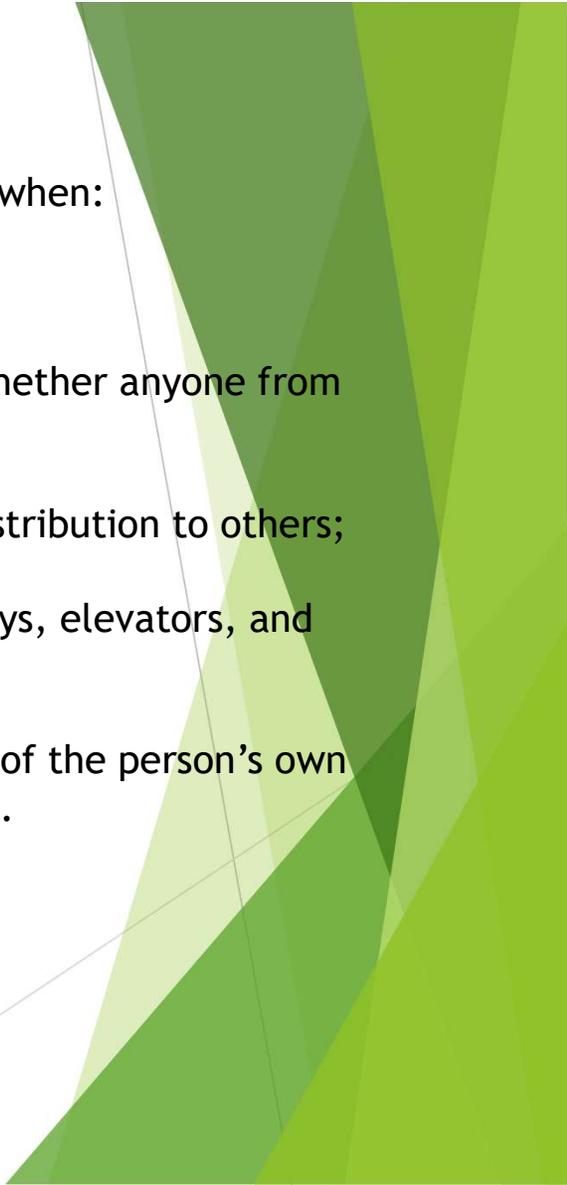
- Create Written Plan
- Train Volunteers on Plan
- Individual Control Measures and Screening
- Cleaning and Disinfecting Protocols
- Physical Distancing Guidelines

Face Covering Guidance -

https://www.cdph.ca.gov/Programs/CID/DCDC/CDPH%20Document%20Library/COVID-19/Guidance-for-Face-Coverings_06-18-2020.pdf Issued June 18th and revised June 29th:

People in California must wear face coverings when they are in the high-risk situations listed below:

- Inside of, or in line to enter, any indoor public space;
- Obtaining services from the healthcare sector in settings including, but not limited to, a hospital, pharmacy, medical clinic, laboratory, physician or dental office, veterinary clinic, or blood bank;
- Waiting for or riding on public transportation or paratransit or while in a taxi, private car service, or ride-sharing vehicle;



•Engaged in work, whether at the workplace or performing work off-site, when:

- Interacting in-person with any member of the public;
- Working in any space visited by members of the public, regardless of whether anyone from the public is present at the time;
- Working in any space where food is prepared or packaged for sale or distribution to others;
- Working in or walking through common areas, such as hallways, stairways, elevators, and parking facilities;
- In any room or enclosed area where other people (except for members of the person's own household or residence) are present when unable to physically distance.



Driving or operating any public transportation or paratransit vehicle, taxi, or private car service or ride-sharing vehicle when passengers are present. When no passengers are present, face coverings are strongly recommended.



While outdoors in public spaces when maintaining a physical distance of 6 feet from persons who are not members of the same household or residence is not feasible.

Volunteer Waiver Form

Agree to follow Center for Disease Control (CDC), local public health department guidelines and your organization's guidelines:

Maintain 6 feet physical distance

Wear face covering

Wash hands or use hand sanitizer

Confidentiality

Covered or not covered by worker's compensation insurance

Symptom check prior to arrival/temperature check at work site (Example:

<https://ehs.umass.edu/sites/default/files/COVID%20Checklist-v2-4.30.pdf>)

Stay home if ill

Acknowledge risk of exposure to COVID-19

Michelle Nguyen-Tran Yoga Teacher

Michelle is a practicing yoga teacher, therapeutic movement facilitator and bodyworker. She apprenticed and taught under a healing arts master in South Korea for the last 5 years. Through this method of learning, she studied through an integral healing lens with roots in Yoga, Ayurveda, Taoism and Chinese medicine. Some workshops that she has completed include Tantra, Thai Massage, Body Opening, Joint Release, Foot Reflexology, All-Night Breathing Meditation, Family Constellation Therapy and Massage for Yoga. She is now based in California and would like to guide those around her with the tools she learned. She firmly believes that when we take the time to heal ourselves, we cannot help but resonate love and positivity to those around us.

<https://www.facebook.com/Miishil-Yoga-103328201446509>

